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Connecticut's Largest Fertility Program Expands Holistic Health Program

The Center for Advanced Reproductive Services now offers fertility health coach services, a holistic nursing practice, and Reiki.

Farmington, CT, April 12, 2016... HealthCircle, the Center for Advanced Reproductive comprehensive integrated health program, has added several new programs to its range of holistic services. HealthCircle, which previously included acupuncture, nutrition and weight loss, yoga as well as support and counseling services to complement the patient's fertility experience, now adds personal health coach services, a holistic nursing practice and is also offering Reiki.

"Our HealthCircle program is designed to add another level of support," stated Claudio Benadiva, MD, HCLD, Director of the IVF Laboratory at the Center. "We understand that many of these treatments are important to our patients. Through HealthCircle, they can add a holistic component to their traditional treatment plan which is very meaningful to many."

The integrative and complementary medicine program is led by Marie Heslin, APRN. Ms. Heslin holds a Certificate of Integrative Nursing as well as is a Reiki Practitioner, Levels I & II. Her goal is to integrate complementary modalities within her fertility nursing practice. Her training includes a foundation of both traditional western medicine and holistic nursing philosophy.

The Center's certified health coach, Ami Chokshi, guides fertility patients towards optimal wellness. Through lifestyle and behavioral adjustments, she provides education and support to patients to achieve their health-related goals. She also partners with providers to help patients implement specific recommendations for their health and treatment plan.

The HealthCircle program is located in the Center's state of the art facility in Farmington. The location is easy accessible from Rt. 84 as well as other main routes throughout the state. In addition to the facility's numerous technological innovations, the overall design philosophy was focused on enhancing the patient's comfort and convenience. The building provides a relaxing, warm and supportive environment and offers substantial space for educational programs, workshops, and counseling programs.

For more information about HealthCircle, go to uconnfertility.com, or call 844.467.3483.

About The Center for Advanced Reproductive Services

The Center for Advanced Reproductive Services has grown to be the largest and one of the most successful fertility centers in the state with nearly 1000 in vitro fertilization cycles completed in the last year. Started in 1984, the Center has grown to include over 75 full and part time staff members. The Center offers many advanced techniques to help patients achieve successful pregnancies, and has several office locations throughout the state of Connecticut, including Farmington, Hartford, and New London. For more information about the Center, visit uconnfertility.com.

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