



HealthCircle

Center for Advanced  
Reproductive  
Services

## Integrative & Complementary Medicine



### **Marie Heslin, APRN**

Certificate of Integrative Nursing  
Reiki Practitioner, Levels I & II

Are you looking to integrate holistic and complementary medicine in your fertility treatment plan?

### **Certificate of Integrative Nursing**

With an interest in holistic nursing practice, Marie is able to integrate complementary modalities within her fertility nursing practice. Her training includes a foundation of both traditional western medicine and holistic nursing philosophy and theory. Marie believes that the whole person is made up of interdependent parts and if one part is not working properly, all the other parts will be affected. In this way, if people have imbalances (physical, emotional, or spiritual) in their lives, it can negatively affect their overall health. She is passionate about integrating these combined principles into the care of her fertility patients.

### **Reiki Practitioner I&II**

Reiki, translated into English, means Universal Life Force Energy. This Japanese hands on healing modality allows attuned Reiki practitioners to create an open channel for this universal energy to flow through their hands to wherever it is needed most. It may seem difficult for the logical mind to understand, but that is because, in the western world, we tend to comprehend only what we can see. When we look at the human body, we see the biological aspects of bones, skin, hair etc. as well as the chemical components of blood and hormones. Yet researchers have proven that we also embody an energy component which exists within each cell, between each cell and even into the environment. This energy, when blocked or diminished, can cause imbalances or disease in the body, including fertility problems keeping a woman from becoming pregnant.

When a practitioner is working with someone having fertility issues, they explore where the energy is blocked or out of balance and then allow the energy to flow to where it is needed most. Many times, the energy in and around the reproductive systems is very low, particularly if the woman has old emotional wounds stored in this area.

**Please call Marie in our Hartford office at (860) 525-8283.**



Part of our HealthCircle Program, providing support, nutrition, yoga and acupuncture into your treatment

(844) HOPEIVF (844-467-3483)

**[www.uconnfertility.com](http://www.uconnfertility.com)**

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