

Directions to Farmington Office:

Located on the campus of the University of Connecticut Health Center, Dowling South Medical Building, 3RD FL - Suite 330, 263 Farmington Ave, Farmington, CT 06030.

From New Haven & Southern CT - I- 91 N to CT- 9N to I- 84W:

From Interstate 91N, merge onto CT-9N via Exit 22N towards New Britain. Follow 9N for about 11miles to the end. Merge LEFT onto Interstate 84W via Exit 32 toward Farmington/Waterbury. As you come off the exit, stay in far RIGHT lane and this will take you to the immediate next exit which is Exit 39-RT.4 Farmington. Follow the directions below...

From East or West Interstate 84

The office is located off Interstate 84, exit 39 - Farmington, Route 4. Take a right off the exit ramp onto Farmington Ave/ RT. 4 East. Proceed approximately 1 mile to the third traffic light. Take a right into the main campus for the Health Center. Go to the first stop sign and take a right. Take a left at the next stop sign. Follow the signs for Dowling South Medical Office Building.

Park in patient parking and enter the complex's lobby. Take the elevators to the left to the third floor.

Take a right off the elevator, go down the hallway and follow the signs to The Center for Advanced Reproductive Services. Enter the left-side waiting room. Please give the receptionist the requisition from your physician, she will finish your registration.

Directions to Hartford Office:

Located at 100 Retreat Avenue (Across from Hartford Hospital), 9TH FL - Suite 900, Hartford, CT 06106

The Hartford office is located in the tall black glass building at 100 Retreat Avenue, 9th floor, Suite 900 across from the Hartford Hospital Helen and Harry Gray Cancer Center. There is a public parking garage behind our building or metered parking on the street.

From East Interstate 84

Take Exit 54 - Downtown Hartford Turn left onto Columbus Boulevard (becomes Wyllys Street). Continue on Wyllys Street and turn left onto Main Street. After crossing intersection, bear right onto Retreat Avenue.

From West Interstate 84

Take Exit 48B - Capitol Avenue. Turn left onto Capitol Avenue, then right onto Washington Street. At fifth traffic light, turn left onto Retreat Avenue.

From North or South Interstate 91

Take Exit 29A - Capitol Area Exit.. Stay to the right of the connector and take the first exit. Turn left onto Columbus Boulevard (becomes Wyllys Street). Continue on Wyllys Street and turn left onto Main Street. After crossing intersection, bear right onto Retreat Avenue.

The Laboratory at The
Center for Advanced
Reproductive Services



Comprehensive Semen Analysis

*(and other tests performed
on semen and / or sperm)*

FOR APPOINTMENTS:

Farmington Tel: (860) 679-4580
Fax: (860) 679-3639
or (860) 679-1499

Hartford Tel: (860) 525-8283
Fax: (860) 525-1930

The Center for Advanced Reproductive
Services is part of the University of
Connecticut Health Center.

Sample Collection Instructions

The following information will help give you instructions on how to collect and provide us with your semen sample. Please read all of the items below and call to make an appointment.

1. **All laboratory tests require a test requisition or order form generated by your physician. Please obtain a test requisition or order form from your physician prior to scheduling your test.** The laboratory performs several different types of tests on semen. The test requisition is the laboratory's way of ensuring that it only performs the test that your physician has determined is appropriate in your case.
2. All laboratory tests performed on semen require an appointment. Once you have obtained your test requisition, please call the Lab in **Farmington** (860) 679-4580 or (860) 525-8283 in **Hartford** to schedule the test ordered by your physician. Not all tests are performed each day.
3. Have your requisition handy when you call to schedule your appointment and you must bring it with you on the day of your test.

4. Once you have made the appointment, you will be asked to call UCONN's Central Registration at (800) 553-0954 for a Medical Record's number.
5. Please help make test times available to other patients by calling to cancel appointments that you are unable to keep.
6. Please abstain from ejaculation for at least 2 days, but not more than 5 days, prior to collecting your semen sample for your scheduled test.
7. The following conditions for sample collection must be met or the sample may be unacceptable for testing and the test may need to be rescheduled:
 - The sample must be collected into a sterile, wide mouth, plastic specimen container. These are available from our lab, most physicians, and pharmacies.)
 - The sample must be collected by masturbation. No oral, vaginal or anal contact is permitted.
 - If you are unable to collect a sample by masturbation, please discuss this with your physician prior to scheduling your test.
 - If the sample cannot be collected at The Center, it may be collected at home, provided it can be transported to The Center within 1 hour of collection.

- When transporting the sample, please keep it UPRIGHT at all times.
- The sample must be protected from extremes of temperature and kept close to BODY TEMPERATURE if possible. It should be transported inside of a coat or in a sock or glove. **It should not be chilled or refrigerated.**
- Please be sure to collect the entire sample. If any portion of the sample is lost, the results may be affected and you should reschedule your appointment.
- Your test requisition or order form must accompany your sample the day of the test.
- **Please be sure to bring a photo ID to your appointment.**

Please call the Lab in Farmington at (860) 679-4580 or Hartford at (860) 525-8283 for additional information or to schedule an appointment.

For your test results, please call the doctor's office that ordered the testing. They will be available within 7 days of the testing.